

#### **HEALTH AND SAFETY POLICY**

## 1. Purpose

At Northcote Tennis, the health and safety of our players, coaches, staff, and visitors are our top priorities. This policy outlines our commitment to providing a safe environment and ensuring compliance with relevant Australian health and safety regulations.

#### 2. Responsibilities

- **Academy Management:** Ensures all safety procedures are in place, staff are trained, and risk assessments are conducted regularly.
- **Coaches and Staff:** Implement safety measures, monitor player wellbeing, and respond appropriately to incidents and accidents.
- **Players and Parents:** Follow safety instructions, report hazards, and respect health and safety guidelines.

# 3. Facility and Equipment Safety

- Courts, fences, and other facilities will be regularly inspected for hazards.
- All tennis equipment (for example, nets, balls and racquets) must be in good condition and fit for use.
- Unsafe conditions must be reported immediately to staff.

## 4. Injury Prevention and First Aid

- A qualified first aid officer will be available during academy hours.
- First aid kits will be maintained onsite.
- Players must warm up and cool down appropriately to prevent injuries.
- Any injuries sustained during training or matches must be reported and recorded in an **Incident and Accident Report Form**.

## 5. Weather Safety

- **Extreme Heat:** Sessions may be rescheduled or modified when temperatures exceed safe limits.
- **Lightning and Storms:** Outdoor activities will be suspended if there is a risk of lightning or severe weather.
- Air Quality: Training may be cancelled if air quality is unsafe due to smoke or pollution.

## 6. Hygiene and Infection Control

- Players must bring their own water bottles and avoid sharing personal items.
- Hand sanitizing stations will be available at training areas, if deemed appropriate by staff.
- Any player feeling unwell should stay home and notify the academy.

# 7. Child Safety and Supervision

- All coaches working with children must have a valid Working with Children Check (WWCC).
- Children under ten (10) must be supervised by a parent or guardian before and after lessons.
- Bullying, harassment, or unsafe behaviour will not be tolerated.

#### 8. Emergency Procedures

- Coaches and staff will be trained in emergency response protocols.
- In the event of a serious medical emergency, **000** will be called, and parents/guardians will be notified immediately.
- Evacuation procedures will be in place and communicated to all staff.

#### 9. Review and Compliance

- This policy will be reviewed annually to ensure compliance with safety regulations and best practices.
- Any safety concerns should be reported to Jason Gasper or Hannah Fox for investigation and action.

By participating in activities at Northcote Tennis, all players, parents, and staff agree to comply with this Health and Safety Policy.